<https://www.youtube.com/watch?v=hbmqku_jpHg&feature=youtu.be>

https://www.youtube.com/watch?v=l8\_fZPHasdo&feature=youtu.be

Watch these two videos I put the linked for writing a discussion for me. The discussion question is the words that colored in red. I also attach other people’s work here so I want you to write like this. 400~450 WORDS SHOULD BE GOOD.

This week we read about sensation and perception. We learned about the multiple ways we gain information from the environment and how our brain sorts through the massive amount of information and makes meaning of it. From the Ted Talk, we learned about perception and reality. Based on what you learned this week, what are your thoughts on perception and 'reality'?

The idea I agree most with in the Ted Talk is how important it is as a human being interacting with the world to try and understand the perceptions of different people. I think that a lot of different factors play into a person's perception of reality, such as previous experiences and also a person's personality. I think that a person's perception is influenced by nature and nurture. From the day a person is born every experience goes into their brain and forms a persons perception of the world. Understanding a persons past experience can help gain a general understanding of the reason why they see things the way they are. In a situation where a person's perception is inhibiting them in their life its important for others to understand what is making a person think this way. Although everyone has a different perception of reality, there is also a generally accepted perception of reality. When we try to understand all people we can help people identify unhealthy patterns and give them the tools to lead a life with an unclouded perception. Understanding different perceptions can also help everyone see different ways of looking at things which is incredible because it shows the power that every person has towards contributing to the worlds reality.

2. SECOND WORK IS WRITE A COMMENT FOR THIS PERSON’R WORK. ABOUT 5 SENTECES READ WHAT SHE WROTE AND WRITE A COMMENT

I was very pleasantly surprised by the TEDx Talk, because it confirmed and further expanded on a theory I had been independently wondering about for a while. Personally, I really love reading and rereading books that I love, and I've noticed how, when discussing moments from the books with other fans, sometimes they don't recognize scenes or character personalities that I talk about. It's so interesting to me how some people can get a certain perception of the story while I gain a completely different one after rereading the book once, twice, or many times. The first time I read the book, I focus on the overall plot and I often glide over important details, while rereading causes me to notice different details every single time.

I think that many "realities" that we take to be common knowledge are often just by products of our own perception, but we're hardly ever conscious of these effects. I really enjoy consciously and actively thinking about this phenomenon because it often encourages me to examine my own perspective on people and aspects of life.